

STROUDS FITNESS PRESENTS
2010 ISA/ISAA WORLD CHAMPIONSHIPS
POWERLIFTING MEET

August 14, 2010 Dallas Convention Center
 (ISA/ISAA card required of all lifters, may be purchased at weigh-in)
 (One-piece lifting suit required of all lifters)

LIFT FOR FREE!

Get your entry fee back through a \$75 Prize Sponsorship & more!
Plus over \$100 in Dymatize products and powerlifting gear for each lifter!

NAME: _____ AGE: _____ ISA/ISAA # _____

HOME ADDRESS: _____

CITY: _____ STATE: _____ ZIP: _____

PHONE: _____ DOB: _____ SEX: _____

DIVISION (S): _____ WEIGHT: _____ HEIGHT: _____

CHECK ONE: ISA _____ ISAA (Drug Tested) _____ SIGNATURE: _____

(Parent or Guardian if under 18)

<p>DIVISIONS: (Check division(s) you are entering)</p> <p>(YOU MUST BRING PROOF OF AGE)</p> <p>WEIGHT CLASSES:</p> <p>AWARDS:</p> <p>WEIGH-IN:</p> <p>ENTRY FEES FOR EACH EVENT:</p> <p>DIRECTOR (S):</p> <p>ENTRY DEADLINE:</p> <p>MEET INFORMATION:</p> <p>MEMBERSHIP FEE</p> <p>PRIZE SPONSORSHIP</p>	<p><input type="checkbox"/> OPEN <input type="checkbox"/> NOVICE <input type="checkbox"/> TEENS: 13-15, 16-17, 18-19 <input type="checkbox"/> JUNIORS: 20-23 <input type="checkbox"/> SUB-MASTERS: 33-39 <input type="checkbox"/> MASTERS: 40-49, 50-59, 60-69, 70-79, 80 and over <input type="checkbox"/> POLICE AND FIREMAN <input type="checkbox"/> SPECIAL NEEDS <input type="checkbox"/> FULL MEET <input type="checkbox"/> BENCH PRESS ONLY <input type="checkbox"/> DEADLIFT ONLY <input type="checkbox"/> SQUAT ONLY</p> <p><input type="checkbox"/> ISA: No Drug Test <input type="checkbox"/> ISAA: Drug Test</p> <p>MEN: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW WOMEN: 97, 105, 114, 123, 132, 148, 165, 181, 198, SHW</p> <p>1st Thru 5th Each Weight Class / Each Division.</p> <p>Friday, August 13th 10 am – 6 pm at Stroud's Fitness, 416 West Bedford-Eules Road, Hurst, TX 817-268-3488</p> <p>Saturday, August 14th 7 am – 8am at Dallas Convention Center. Full Meet: \$75, BP Only: \$60.00, DL Only: \$60.00, \$35.00 for each additional division.</p> <p>Kirk Stroud, Samm Stroud</p> <p>All entries due by July 31st. There will be a \$25.00 late fee.</p> <p>Rule Meeting: 8 am on August 14th Competition: 9 am, August 14th</p> <p>Membership fee is \$35.00 / \$25.00 for High School Lifters. All members will receive a membership card.</p> <p>Prize Sponsorships: \$500 Value Prize Sponsorships per outstanding lifter, divisions awarded: ISA/ISAA Men's Lightweight ISA/ISAA Men's Heavyweight ISA/ISAA Women's</p>
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Please submit form with non-refundable entry fee, money orders only to: Kirk Stroud

Mail to: Stroud's Fitness
 416 West Bedford Eules Road
 Hurst, Texas 76053
 (817) 268-3488